

# Good Food Store

# Gluten-Free Products

This list is approximate and not an absolute guarantee of ingredients or product purity. It is important for anyone with a food allergy to carefully check product labels and ingredients. If further product research is necessary a GFS staff member can help. Product selection subject to change.

## Bulk Section

(Please note: GFS tries to arrange bulk bins to prevent cross contamination from flours containing gluten, however those who are sensitive to gluten should use extreme care, and if in doubt use only pre-packaged products whose labels claim to use a gluten free facility for milling.)

## Pasta

Quinoa Elbows and Fusilli  
Brown Rice Elbows, Brown Rice Penne, Brown Rice Spaghetti, and Brown Rice Pad Thai Noodles

## Flours, Grains & Baking Mixes

1 to 1 Gluten Free Baking Mix  
All Purpose Gluten Free Baking Mix  
Almond Meal  
Brown Rice Flour  
Buckwheat Flour  
Buckwheat Groats  
Coconut Flour  
Corn  
Corn Flour  
Corn Meal  
Garbanzo Flour  
Gluten Free Mama Coconut Blend Flour  
Hulled Millet  
Polenta  
Organic Gluten-Free Rolled Oats  
Raw Gluten-Free Rolled Oats  
Roasted Buckwheat (Kasha)  
Tapioca Flour  
Teff Flour  
Wheat Free Amazing Bread Mix

Wheat Free Baking & Pancake Mix  
White Rice Flour  
Whole Quinoa

## Snacks

Garden Veggie Chips  
Pop'd Kerns Snacks – Original  
Roasted Salted Fava Beans  
Roasted Salted Garbanzo Beans  
Soynuts  
Toasted Corn

## Cereal

Grizzly Granola – Gluten Free Cinnamon Nut Granola  
Montana Mornings Granola  
Nature's Path Peanut Butter Panda Puffs  
Nature's Path Koala Krisp Cereal  
New England Naturals Organic Gluten Free Berry Coconut Granola

## Aisle 1

## Cookies

Bhu Foods – Fit Protein Cookies  
Cadia – Chocolate Sandwich Cookies, and Animal Cookies  
Cascadian Farm – Brownies  
Emmy's Organics – Cookies  
Enjoy Life – Soft Baked Cookies  
Gluten Free Prairie – Hunger Buster Cookie  
Glutino – Cream Cookies and Wafer Cookies  
Go Raw – Sprouted Cookies  
Heavenly Hunks – Cookies  
High Key – Cookies

[goodfoodstore.com](http://goodfoodstore.com)

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**GOOD  
FOOD**  
STORE

(Updated 1-September-2022)

Hu Cookies  
Jennie's Coconut Macaroons  
Kinnikinnick – Kinnitoos and S'morables (Graham Style Crackers)  
Lesser Evil Cookies  
Lucy's Gluten Free Cookies  
Lundberg Thin Stackers  
Maxine's Heavenly Cookies  
Midel – Gluten Free Chocolate Chip, Gingersnap, and Arrowroot Cookies  
Munk Pack Protein Cookies  
Nature's Bakery Fig Bars – Selected varieties  
Pamela's Cookies, Figgies & Jammies, and Honey Grahams  
Siete Grain-Free Cookies  
Simple Mills Cookies

## Flours, Grains, Baking & Baking Mixes

Arrowhead Mills – Pancake & Baking Mix  
Birch Benders – Pancake & Waffle Mixes  
Bob's Red Mill – Flours  
All-Purpose Baking Flour; Almond Meal Flour; Amaranth Flour; Brown Rice Flour; Casava Flour; Coconut Flour; Garbanzo/Fava Flour; Hazelnut Flour; Whole Grain Millet Flour; Whole Grain Oat Flour; Potato Flour; Sorghum Flour; Tapioca Flour; Teff Flour; White Rice Flour  
Bob's Red Mill – Mixes  
Chocolate Cake Mix; Chocolate Chip Cookie Mix; GF Bread Mix; GF Brownie Mix; GF Cornbread Mix; GF Pancake Mix; Hearty Bread Mix; Pizza Crust Mix; Vanilla Cake Mix  
Bob's Red Mill – Other  
Arrowroot Starch/Flour; Corn Starch; Guar Gum; Potato Starch; Xanthan Gum  
Chebe – GF Focaccia Mix; Pizza Crust Mix; Cheese Bread Mix  
Cup4Cup – Baking Mixes  
Dandies – Marshmallows  
EnerG – Egg Replacer  
Gluten Free Mama – Rice, Almond and Coconut Flour Blends; Pancake Mix, Pie Crust Mix; Cookie Mix; Pizza Mix  
King Arthur – Gluten Free Flour; Yellow Cake Mix; Chocolate Cake Mix; Fudge Brownie Mix  
Kinnikinnick – Angel Food Cake Mix; GF Breadcrumbs; Graham Cracker Style Pie Crust Mix  
Koda Farms – Mochiko Sweet Rice Flour  
Let's Do Organic – Coconut Flour; Corn Starch; Tapioca Granules; Tapioca Starch  
Maseca – Instant Corn Masa Mix  
Namaste – Baking Mixes  
Namaste – Gluten Free Coating Mixes

The Neat Egg – Egg Substitute  
Pamela's Baking Mixes  
Purely Elizabeth – Pancake & Waffle Mix  
Rumford – Corn Starch  
Savor Tooth – Paleo Mixes  
Simple Mills – Bread Mix; Pancake Mix; Vanilla Cake Mix  
Snacktivist Foods – Pancake Mix; Cookie Mix; Brownie Mix; Flour Mix  
Spectrum – Organic Ground & Whole Flax Seed; Chia Seed  
Swerve – Baking Mixes

## Condiments & Dressings

Aleia's – Gluten Free Stuffing (seasonal)  
Bragg – Healthy Vinaigrette; Ginger & Sesame Salad Dressing  
Briannas – Salad Dressings  
Cardini's – Salad Dressings  
Carrington Farms – Croutons  
Chosen Foods – Mayonnaise; Salad Dressings  
Fody – Salad Dressings  
Epic – Uncured Bacon Bits, Beef Tallow, Duck Fat, Pork Fat  
Garden of Life – Coconut Oil  
Go Raw – Salad Toppers  
Ian's – Panko Bread Crumbs  
Jeff's Garden – Pickled Peppers and Olives  
Kinnikinnick – Panko-Style Bread Crumbs  
Lemonette – Salad Dressings  
Lucky Foods – Seoul Kimchi Mayo  
Melinda's – Habanero Ketchup  
Mt. Vikos – Gourmet Spreads  
Napolean – Vinegar, Olives, Pickles and Fish Products  
Organicville – Ketchup  
Organicville – Salad Dressings – Whole line  
Nutiva – Butter Flavored Coconut Oil  
Portland Ketchup Co. – Organic Ketchup  
Primal Kitchen – Dressings, Sauces, Mayonnaise, and Ketchup  
Red Boat – Fish Sauce  
Red Duck – Ketchup  
Shelton's – Canned Chicken  
Sir Kensington's – Salad Dressings and Condiments  
Spectrum – Mayonnaise  
Stonewall Kitchen – Selected Salad Dressings and Condiments  
Suzie's – Sauces and Mayonnaise  
Tandem Bakery – Vegan Coconut Bacon  
Thai Kitchen – Fish Sauce  
Wok Mai – Oyster Sauce  
Woodstock – Ketchup and Mustard

## Aisle 2

Bob's Red Mill – Pizza Crust Mix  
Chebe – Pizza Crust Mix  
Gluten Free Mama's – Pizza Crust Mix  
Mayacamas – Pasta Sauce Mixes  
Namaste – Pizza Crust Mix  
Simple Mills – Pizza Crust Mix  
TruRoots – Brown Rice, Lentils, Mung Beans, Quinoa

### Asian & Ethnic Foods

Arora Creations – Spice Blends  
Blue Dragon – Spring Roll Wrappers  
Dynasty – Saifun Bean Threads  
Eden – 100% Buckwheat Soba  
Eden – Bifun Rice Pasta  
Eden – Wheat Free Tamari  
Garden of Eatin' – Taco and Tostada Shells  
Gopal's – Power Wraps  
Hatch – Green Chiles  
Jyoti Mixes – Whole line  
Kitchens of India Meals – Whole line  
Maya Kamal – Indian Simmer Sauces  
Mori-Nu – Tofu  
Ocean's Halo – Rice Noodles  
Seasnax – Seaweed Snacks and Sea Sprinkles  
Siete – Taco Shells  
Star Anise Foods – Rice Noodles and Spring Roll Wrappers  
Sun Luck – Pad Thai Rice Sticks  
Tasty Bite – Indian Meals – Selected varieties  
Thai Kitchen – Stir Fry Rice Noodles  
Thai Kitchen – Noodle Cart – Assorted Mixes  
Thai Kitchen – Jasmine Rice Mixes  
Thai Kitchen – Rice Noodles – Thin and Stir Fry  
Yai's Thai – Almond Sauce

### Sauces

Bachan's – Japanese BBQ Sauce  
Bragg – Liquid Aminos  
Big Tree – Coco Aminos  
Coconut Secret – Coconut Aminos  
Hatch – Enchilada Sauce  
Noble Made – BBQ Sauce and Buffalo Wing Sauce  
Organicville – Sauces  
Premier Japan – Wheat Free Teriyaki Sauce; Hoisin Sauce  
Primal Kitchen – Sauces and BBQ Sauce  
Red Duck – BBQ Sauces  
Saffron Road – Simmer Sauces  
San J – Sauces  
Sky Valley – Sauces

Yai's Thai – Thai Almond Sauce  
The Wizards – Worcestershire Sauce

### Salsa

Amy's – Salsa  
Cadia – Salsa  
Daiya – Deluxe Cheeze Sauce  
Drew's – Salsa  
Fody – Salsa  
Green Mountain Gringo – Salsa  
Late July – Salsa  
Notcho Nocheez – Almond-Based Dip  
Primal Kitchen – Queso  
Stonewall Kitchen – Salsa

### Pastas, Rice & Mixes

A Dozen Cousins – Seasoning Sauce  
Alter Eco – Assorted Packaged Rice and Quinoa  
Ancient Harvest – Pasta, Inca Red Quinoa, Whole Grain Quinoa, and Polenta  
Annie's – Creamy Deluxe Gluten Free Rice Pasta & Extra Cheesy Sauce  
Annie's Homegrown – Rice Pasta & Cheddar Mix  
Banza – Chickpea Pasta  
Bionaturae – Organic Gluten free Pasta  
Bob's Red Mill – Whole Grain Amaranth, Whole Grain Teff  
Cadia – Gluten Free Pasta  
Chickapea – Pasta  
DeLallo – Gluten Free Pasta and Gnocchi  
Eden – Organic Whole Grain Quinoa  
Edward & Sons – Mashed Potato Mixes  
Explore Cuisine – Pastas  
Field Day – Gluten Free Pasta  
Full Green – Rice  
Funny Farm – Macaroni & Cheese  
Jovial – Gluten Free Pasta  
Liviva – Pasta  
Lotus Foods – Assorted Packaged Rices  
Lundberg – Assorted Packaged Rices  
Lundberg – Brown Rice Spaghetti  
Lundberg – Risotto Mixes  
Mayacama's – Gluten Free Pasta Sauce Mixes  
Miracle Noodle – Pastas  
Near East – Rice Pilafs and Long Grain Wild Rice  
NuPasta – Konjac Noodles  
Palmini – Hearts of Palm Pasta  
Right Rice – Rice  
Road's End – Organic Gluten Free Mac-n-Cheese  
Seeds of Change – Quinoa and Rice Mixes  
Seeds of Change – Cooked Rice & Grains

Solely – Spaghetti Squash Pasta  
Sukhi's – Spice Mix  
Tasty Bite – Rice Mixes  
Tolerant – Pasta  
Tinkyada – Rice Pasta  
Tru Roots – Grains  
Veggie Craft – Pasta

## Aisle 3

### Snacks & Chips

4505 – Chicharrones  
Alter Eco – Coconut Clusters  
Angie's Popcorn – All current varieties  
Assorted Taro, Vegetable, Corn and Potato Chips and Popcorn  
Barbara' – Cheese Puffs  
Barnana – Banana Brittle; Plantain Chips  
Beanfields – Bean Chips  
Beanitos – Chips  
Bhuja – Snack Mixes and Crunchy Seasoned Peas  
Biena – Chickpea Snacks  
Brami – Lupini Bean Snacks  
Cadia – Tortilla Chips  
Crunchy Rollers – Brown Rice Snacks  
Dang – Sticky Rice Chips; Coconut Chips  
From The Ground Up – Tortilla Chips and Pretzels  
Garden of Eatin' – Tortilla Chips – All varieties  
gimMe – Seaweed Snacks  
The Good Crisp Company – Potato Chips  
Glutino – Pretzels; Yogurt & Fudge-Covered Pretzels  
Hardbite – Potato Chips and Root Vegetable Chips  
Hippeas – Chickpea Puffs  
Hippie Snacks – Crisps  
Inka Chips – Plantain Chips and Giant Roasted Corn  
Late July – Tortilla Chips  
Lundberg – Rice Chips  
Plant Snacks – Cassava Chips  
Que Pasa – Tortilla Chips  
Quinn – Gluten Free Pretzels  
Royal Hawaiian – Nuts  
Sabor Mexicano – Corn Chips  
Saffron Road – Crunchy Chickpeas  
SeaSnax – Seaweed  
Second Nature – Snacks  
Siete – Grain Free Tortilla Chips  
SuperSeedz – Pumpkin Seeds  
Three Farmers – Snacks  
Way Better Snacks – Tortilla Chips

### Crackers & Rice Cakes

Back to Nature Crackers – Selected varieties  
Blue Diamond – Nut Thins  
Craize – Toasted Corn Crackers  
Crunchmaster – Multiseed Crackers  
Edward & Sons – Brown Rice Snaps  
Edward & Sons – Exotic Rice Toasts  
Flackers – Flaxseed Crackers  
Glutino – Gluten Free Crackers  
Harvest Snaps – Green Pea Snack Chips  
Hu – Grain Free Crackers  
Koyo – Rice Crackers  
Lundberg – Rice Cakes and Thin Stackers  
Mary's Gone Crackers – Gluten Free Crackers  
Milton's – Baked Crackers  
Moon Cheese – Cheese Snacks  
Patagonia – Breadfruit Crackers  
Real Foods – Corn Thins  
Sahale – Snack Mixes  
San J – Rice Crackers  
Schär – Table Crackers  
Sesmark – Rice Thins  
Simple Mills – Crackers  
Suzie's – Rice Cakes  
Van's – Crackers

### Soups, Broths & Mixes

Assorted Boxed and Canned Soups and Broths  
Dr. McDougall's – Assorted Soup Cups; Asian Entrée Cups  
Edward & Sons – Bouillon Cubes  
Edward & Sons – Miso Soup Cups  
Field Day – Broth  
Gluten Free Café – Canned Soups – Selected varieties  
Health Valley – Soups – Selected varieties  
Kettle & Fire – Bone Broth and Soup Mixes  
Kitchen Basics – Stocks  
Lotus Foods – Ramen  
Namaste – Soup Cups  
Patagonia – Soup Mixes – Selected varieties  
San J – Miso Soup Cups  
Seitenbacher – Veggie Broth  
Star Anise Foods – Brown Rice Pho Noodle Kit  
Thai Kitchen – Instant Rice Noodle Soups

## Aisle 4

### Hot Cereals

Ancient Harvest – Quinoa Flakes  
Arrowhead Mills – Rice & Shine Hot Cereal  
Bob's Red Mill – Selected hot cereals

Glutenfreeda – Instant Oatmeal – Selected varieties  
Modern Oats – Oatmeal Cups  
Montana Gluten Free – Raw Oatmeal and Cream of Oats  
Nature's Path – Grain Free Hot Cereal  
Pocono – Cream of Buckwheat  
Purely Elizabeth – Hot Oatmeal Cups

## Cereal

Alpen Fuel – Granola Breakfast  
Arrowhead Mills – Selected cereals  
Bakery on Main – Granola  
Barbara's – Brown Rice Crisps  
Barbara's – Puffins Cereal – Honey Rice or Multigrain  
Bob's Red Mill – Granola – Lemon Blueberry or Maple Sea Salt  
Clif – Gluten Free Granola  
Forager – Cereal  
GoRaw – Granola  
GrandyOats – Granola  
Julie's Real – Granola  
Kind – Clusters  
Love Grown – Oat Clusters  
Nature's Path Cereals – Corn Flakes, Crispy Rice, Crunchy Honey Sunrise, Crunchy Maple Sunrise, Crunchy Vanilla Sunrise, Golden Turmeric, Honey'd Corn Flakes, Mesa Sunrise Flakes, Purple Açai, Rice Puffs, Whole O's  
Nature's Path EnviroKidz Cereals – Koala Krisp, Gorilla Munch, Panda Puffs, Leapin' Lemurs, Amazon Frosted Flakes  
One Degree Cereals – Selected varieties  
Paleonola – Grain Free Granola  
Purely Elizabeth – Granola  
Savor Tooth – Granola  
Three Wishes – Cereal  
Udi's Gluten Free – Granola – Selected varieties  
Whole Me – Clusters  
Zego – Oats and Muesli

## Breakfast Bars

Annie's – Gluten Free Granola Bars  
Bobo's – Oat Bites  
Enjoy Life – Chewy Bars; Soft Baked Bars  
Glutino – Blueberry Açai Breakfast Bars  
Kind – Healthy Grains Bars  
Lärabar – Bars  
Made Good – Granola Bars  
Munk Pack – Granola Bars  
Pamela's – Whenever Bars  
Simple Mills – Soft Baked Almond Flour Bars – Selected varieties

## Aisle 5

Adam's Peanut Butter – Creamy or Crunchy  
Artisana – Raw Tahini, Raw Cashew Butter, and Walnut Butter  
Cadia – Peanut Butters  
Earth Balance – Peanut Butter  
Earth's Best – Rice Cereal  
Gopal's – Hemp Seed Butter  
Happybaby – Happy Puffs  
Joyva – Tahini  
Justin's – Nut Butters  
Made in Nature – Dried Fruit  
Maranatha – Nut Butters  
Nutzo – Nut Butters  
Once Again – Peanut Butter  
PBZ – Peanut Butter with Cocoa  
Peanut Butter & Co. – Peanut Butters  
Santa Cruz – Peanut Butters  
Sunbutter – Sunflower Seed Butter  
Woodstock Sesame Tahini – Selected varieties

## Pet Food

Applaws – Cat Food  
Bright Planet – Grain Free Dog Treats  
Castor & Pollux – Grain Free Dry Cat Food  
Dogswell – Grain Free Dog Food  
I and Love and You – Cat Food  
Nature's Variety – Instinct Grain Free Dry Food – Cat or Dog  
Organix – Grain Free Dog Food  
SmartyPaws – Wheat Free Dog Supplements  
Tender & True – Grain Free Wet and Dry Food – Cat or Dog  
Wellness – Grain Free Cat Food

## Snack and Energy Bar Wall

### Energy Bars

Aloha – Plant Based Bars  
Bobo's Oat Bars – Selected varieties  
Bob's Red Mill – Selected varieties  
Epic – Performance Bars  
Fody – Selected varieties  
Garden of Life – Bars  
GoMacro – Bars  
GoRaw – Bars  
Health Warrior – Chia Bars  
Hungry Buddha – Selected Bars  
Joyva – Sesame Crunch  
Kate's Real Food – Bars  
Kind – Fruit and Nut Bars

Kize – Raw Energy Bars  
Lärabars – Fruit & Nut Bars  
Munk Pack – Plant Based Bars  
NuGo Bars – Selected varieties  
Organic Food Bar – Bars  
Picky Bars – plant based Bars  
Primal Kitchen – Bars  
ProBar Core Bars – Selected varieties  
Protein Puck – Selected varieties  
Quantum – Energy Squares  
Ritual Energy – Bites  
RXBAR – Protein Bars  
That's It – Bars  
Think Thin – Bars  
Thunderbird – Hazelnut Coffee Maca Bar  
Zing – Bars

## **Candy, Jerky & Snacks**

Annie's – Bunny Fruit Snacks  
Barnana – Banana Bites  
Clif Kid – ZBar – Strawberry or Mixed Berry  
Country Archer – Beef Jerky – Selected varieties  
Eat The Chnage – Jerky  
Endangered Species – Chocolate Bars  
Enjoy Life – Chocolate Bars  
Epic – Meat Bars  
Free 2B – Sun Cups  
Gopal's – Power Wraps  
Hu – Chocolate  
Heavenly Organics – Honey Patties  
Louisville – Vegan Jerky  
Kalahari Biltong – Jerky – Selected varieties  
The New Primal – Jerky  
Organic Prairie – Mighty Beef Sticks – Selected varieties  
Patagonia Provisions – Salmon – Original or Lemon Pepper  
Roam Free – Bison Bites – Selected varieties  
Seed & Mill – Halva  
Skinny Dipped – Dipped Almonds  
Solely – Fruit Jerky – Mango or Banana Cacao  
Spry – Gum  
St. Clair's – Mints & Tarts  
Stretch Island – Fruit Leather – Selected varieties  
Torie & Howard – Hard Candy  
Unreal – Almond Butter Cups  
Vego – Hazelnut Chocolate Bar  
Vermont Smoke & Cure – Meat Sticks – Selected varieties  
Wholesome – Classic Gummi Bears, Surf Sweets, Fruity Bears  
Yum Earth – Licorice – Selected varieties

## **Dairy Cooler**

### **Non-Dairy Milk**

Almond Breeze – Almond Milk  
Califia Farms – Almond Milk, Cold Brew with Almond Milk, Oat Milk, and Barista Oat Milk  
Chobani – Oat Milk  
Forager – Cashew Milk  
Good Karma Flax Milk  
Laird – Creamers  
Malk Non-Dairy Milk  
New Barn Non-Dairy Milk  
Nutpods Creamers  
Oatly – Oatmilk, Chocolate Oatmilk, and Oatly Barista Edition  
Planet Oat – Oatmilk  
Rice Dream – Rice Milk  
Ripple – Plant-Based Milk and Creamer  
Silk – Milks and Creamers – Almond, Cashew & Soy  
So Delicious – Non-Dairy Milk & Creamer  
Tempt – Coconut Hemp Milk

### **Yogurt & Kefir**

Brown Cow – Yogurt  
Califia Farms – Non-Dairy Drinkable Yogurt  
Chobani – Yogurt  
Fage – Yogurt  
Green Valley – Yogurt  
Lifeway – Kefir  
Maple Hill – Yogurt  
Nancy's – Yogurt & Kefir  
Nancy's – Oatmilk Yogurt  
Noosa – Yogurts  
Oatly – Plant-Based Yogurt  
Redwood Hill – Yogurt & Kefir  
Siggis – Yogurt  
So Delicious – Non-Dairy Coconut Yogurt & Oat Yogurt  
Stonyfield – Organic Yogurt  
Wallaby – Organic Yogurt and Kefir  
White Mountain – Bulgarian Yogurt

### **Beverages**

Bare Culture – Kombucha  
Better Booch – Kombucha  
Brew Dr. – Kombucha  
Califia – Cold Brews  
GT's Living Foods – Kombucha  
Health-Ade – Kombucha  
KeVita – Kombucha  
Kiito – Protein Drinks  
Mortal Kombucha

Olipop – Soda  
Pop & Bottle – Lattes  
Rebbl – Elixirs  
Remedy Organics – Protein Smoothies  
Sambazon – Açai Smoothies  
Stumptown – Cold Brews with Oatly  
Sol-ti – SuperAdes  
Uncle Matt's – Organic Juices  
Vibrant Roots – Hot Shot Elixir

## Other Cooler Items

Bhu – Keto Bar  
Bubbies – Pickles and Sauerkraut  
Daiya Cheese Alternatives and Cream Cheeses  
Earth Balance Margarine and Spreads  
Eat Pastry Gluten Free Chocolate Chip Cookie Dough  
El Burrito Soyrito Organic Meatless Soy Chorizo  
Farmhouse Culture Kraut  
Follow Your Heart Cheese Alternatives  
Follow Your Heart Salad Dressings and Vegenaise  
Go Veggie Parmesan Style Topping, & Cream Cheese  
Green Valley Cream Cheese & Sour Cream  
Hail Merry Macaroons and Tarts  
Hip Foods Paleo Brownie  
House Foods Tofu  
Immaculate Baking Gluten Free Chocolate Chunk  
Cookie Dough  
Just Mayo Vegan Mayonnaise  
Miso Master Miso  
Miyokos Cashew Mozzarella  
Nasoya Tofu  
Nona Lim Rice Noodles  
NY Natto  
Perfect Bars  
Petit Pot Pots de Creme  
Siete Cashew Queso  
So Good Miso Mayo  
Superbelly Dressings  
Tempt Tofu  
Tofurky Chorizo  
Wallaby Organic Sour Cream  
Wayfare Nondairy Spreads  
Wayfare Puddings  
Wildbrine Kimchi & Sauerkraut  
Wildwood Aoili  
Wildwood Tofu

## Frozen Food Aisle

### Frozen Desserts

Alden's Frozen Desserts

Chloe's Soft Serve Fruit Pops  
Daiya Cheesecake  
Formula Brew Booch Pops  
FruitStix Bars  
Luna & Larry's Coconut Bliss Frozen Desserts and Bars  
Oatly Frozen Desserts  
Ripple Frozen Desserts  
Sambazon Acai Bites & Sorbet  
Sambazon Superfruit Packs  
So Delicious Almond Milk Frozen Desserts  
So Delicious Cashewmilk Frozen Desserts  
So Delicious Coconut Milk Frozen Desserts  
So Delicious CocoWhip Coconut Topping  
So Delicious Oatmilk Frozen Desserts  
So Delicious Soy Milk Frozen Desserts  
TruWhip Topping  
Wholly Wholesome Gluten Free Pie Shell

### Frozen Bread & Waffles

Canyon Bakehouse Breads – 7-Grain, Rye, Rosemary  
Thyme Focaccia  
Food For Life Bread – Brown Rice, Rice Almond, Rice  
Pecan, Raisin Pecan, Millet, Multi Seed Yeast Free  
Rice, Yeast Free Brown Rice, English Muffins  
Glutino – English Muffins, Wheat Bread, White Bread  
Hip Foods – Pizza Crust and Tortillas  
Julian Bakery Paleo Bread  
Kinnikinnick Cinnamon Sugar Donuts  
Little Northern Bakehouse Breads  
Nature's Path Toaster Waffles – Buckwheat Wildberry,  
Chia Plus, Homestyle & Pumpkin Spice  
O'Dough's – Bagels and Sandwich Thins  
Udi's – Bagels, Baguettes, Bread, Hot Dog & Hamburger  
Buns, Muffins, Rolls  
Tandem Bakery Bread, Doughnuts, English Muffins and  
Rolls  
Van's Wheat Free, Gluten Free Toaster Waffles – Apple  
Cinnamon, Blueberry, Buckwheat, Totally Natural

### Frozen Pizza

Against the Grain Pizza and Pizza Crusts  
Amy's Rice Crust Pizzas  
Caulipower Pizza Crust  
Daiya Pizzas  
Kinnikinnick Pizza Crusts  
Sonoma Flatbread  
Udi's Pizzas and Pizza Crust  
Wholly Wholesome Pizza Crust

### Frozen Meals

Amy's Brand

Asian Noodle Stir Fry  
 Bowls – Baked Ziti with Brown Rice Pasta, Broccoli & Cheddar Bake, Brown Rice & Vegetable, Brown Rice with Black-eyed Peas, Mexican Casserole, Santa Fe Enchilada, Teriyaki  
 Enchiladas – Black Bean; Cheese; Enchilada with Spanish Rice & Beans  
 Garden Vegetable Lasagna with Daiya Cheese  
 Garden Vegetable Lasagna with Rice Pasta  
 Indian Mattar Paneer; Indian Mattar Tofu; Indian Palak Paneer; Indian Vegetable Korma  
 Shepherd's Pie  
 GF Vegetable Pot Pie  
 Tamale Verde  
 Rice Mac & Cheese  
 Dairy Free, GF Mac n' Cheese  
 Tofu Scramble Breakfast Wrap  
 Tofu Mexican Scramble  
 GF Bean & Cheese Burrito  
 Dairy Free, GF Rice & Bean Burrito  
 Applegate Farms GF Chicken Nuggets, GF Chicken Tenders, GF Corn Dogs  
 Beyond Meat – Chicken and Beef Alternatives  
 Brazi Bites  
 Caesar's Kitchen Meals  
 Capello's – Almond Flour Pasta  
 Conte's Pasta – Ravioli and Gnocchi  
 Dr. Praeger's – Fish Sticks and Fillets; Gluten Free Veggie Burger; Broccoli & Spinach Pancakes; Sweet Potato Pancakes  
 Farmwise – Veggie Fries and Tots  
 Glutenfreeda's Burritos – Chicken and Cheese, Bean & Cheese, Beef, Beef & Potato  
 Good Food Made Simple – Chicken & Black Beans Bowl  
 Ian's – Allergen Free Fish Sticks and Chicken Nuggets  
 Lightlife – Plant-Based Burger, Sausage, and Breakfast Sausage  
 Parachutes – Cheese Sticks and Rolls  
 Path of Life – Meals  
 Starlite – Taquitos  
 Sunshine Burger – Garden Herb, BBQ, Southwest, Falafel, Breakfast  
 Tandoor Chef – Assorted meals  
 Tres Pupusas  
 Udi's – Italian Sausage Lasagna

## Wine & Beer Section

12-pks: 2 Towns Hard Seltzer Variety Pack; Kyla Hard Kombucha Variety Pack; Upslope Snow Melt Hard Seltzer Variety Pack; White Claw Hard Seltzer Variety Pack

6-pks: Lakefront New Grist; Omission Lager, Pale, and IPA; New Belgium Glütiny Pale; White Claw Hard Seltzer – Black Cherry, Grapefruit, Mango, and Raspberry  
 Beer Singles: Green's – Amber, Dubbel Dark, and Tripel Blonde  
 A large selection of naturally gluten-free ciders in singles, 6 packs and 750 ml. bottles

## Grab n' Go Cooler by Deli

Better Bean – Beans  
 Hope – Hummus and Lentil Dips  
 Livin' Spoonful – Raw Crackers  
 Trazza – Hummus and Dips  
 Victor's – Hummus  
 Wayfare – Cheddar Spreads  
 Wildbrine – Salsas

## Tortillas

Food For Life – Brown Rice and Black Rice Tortillas  
 Maria and Ricardo's – Gluten Free Tortillas  
 Rudi's – Gluten Free Tortillas  
 Sonoma – Corn Tortillas  
 Sonoma – Ivory Teff Wraps  
 The Real Coconut – Coconut Flour Tortillas  
 Udi's – Gluten Free Tortillas

## Bakery

### GFS Bakery

The following items are wheat free, but are produced in a kitchen where wheat is used, so those that are extremely sensitive to gluten should avoid them.  
 Breads – Pumpkin Pecan (seasonal); Zucchini  
 Cakes and Treats – Banana Cream Pie with Wheat Free Graham Crust; Cheesecake Bite; Chocolate Coconut Cake; Chocolate Mousse Parfait; Chocolate Swirl Cheesecake; Flathead Cherry Swirl Cheesecake; Fudgy Brownies; Lemon Parfait; Lime Bite; Lemon Pound Cake; Mango Swirl Cheesecake (seasonal); Pumpkin Cheesecake Bite (seasonal);  
 Cookies – Peanut Butter

### Other Bakeries

Bernice's Bakery – Coconut Macaroons; Wheat Free Sugar Cookie; Wheat Free White Cupcake; Wheat Free Chocolate Cupcake  
 Tandem Bakery – Cinnamon Rolls; Doughnuts

### Packaged Breads

EnerG Brand – White Rice Loaf; White Rice Yeast



Free Loaf; Brown Rice Loaf; Tapioca Loaf; Tapioca Hotdog; Burger Buns  
Franz Bakery – Gluten Free 7 Grain Bread; Gluten Free Mountain White Bread; Gluten Free Cinnamon Raisin Bread; Gluten Free Great Seed Bread; Gluten Free Burger Buns  
Genuine Bavarian Gluten-Free Whole Grain  
Tandem Doughnuts Bread (also with the frozen breads)

## Hair, Face, & Body Care

Andalou Hair Face & Body Care – Whole line  
Auromere – Oral care  
Babo Botanicals (Exception: Moisturizing Baby Shampoo & Wash)  
Badger (Exceptions: Soaps and Sunscreens)  
Clearly Natural – Glycerin Bar Soaps  
Derma E – Face & Body Care – Whole line  
Desert Essence – Shampoos & Conditioners  
EO – Body Care  
Gabriel Cosmetics  
Griffin Remedy – Lotions  
Griffin Remedy – Shampoos & Conditioners  
Himalaya – Toothpaste  
Nature's Answer – Oral Care  
Mineral Fusion – Whole line  
The Seaweed Bath Co. – Whole line  
Stonybrook Botanicals – Shampoo & Conditioner  
Theraneem – Shampoos & Conditioners & Oral Care  
Wild Carrot – Whole line  
Zuzu Luxe – Cosmetics

## Supplements

Amazing Grass – All Supplements  
American Health – Whole line  
Ancient Nutrition – Whole line  
Barlean's – Whole line  
BioChem Protein Powders  
Bluebonnet Supplements – Most products. (Verification symbol on products that are gluten free).  
Country Life Vitamins – Whole line  
Culturelle Probiotics  
Enzymedica – Whole line  
Flora (Exceptions: Floradix Iron + Herbs Liquid, Floradix Liquid Calcium/Magnesium)

Gaia Herbs – Whole line  
Garden of Life Supplements (Except Perfect Food Original Powder)  
Green Foods Matcha Powder  
Hammer Nutrition: Endurolytes, Perpetuem, Recoverite, Hammer Gel and Heed  
Healthforce Nutritionals – Whole line  
Himalya Supplements – Whole Line  
Host Defense Supplements – Whole line  
Jarrow Formulas – Most products. (Look for gluten free verified symbol.)  
Kyolic Supplements – Whole line  
LifeTime Activated Charcoal  
Lily of the Desert – Whole line  
Mega Food Vitamins  
Natural Factors Supplements – Whole line  
Natural Vitality – Calm Magnesium Products  
Nature's Answer – Most products. (Exception: Sambucus spray.)  
Nature's Plus – Spirutein & Fruitein Protein Powders  
Nature's Way – Most products. Exceptions: Fenugreek, Umcka Products, Alive Protein Powders  
Navitas Camu Powder  
Neocell – Whole line  
New Chapter Vitamins – Whole line  
Nordic Naturals – Whole line  
NutriGold Supplements – Most products. (Look for gluten free verified symbol.)  
Oregon's Wild Harvest – Whole line  
Pioneer Supplements – Whole line  
Plant Fusion Protein Powder  
Primal Kitchen Collagen  
Pure Planet Chlorella  
Rainbow Light Vitamins – Whole line  
Redd Remedies – All Supplements, including lozenges  
Ridgecrest Herbal Clear Lungs  
Trace Minerals Research – Most products. (Exceptions: Some of the Power Packs. Look for "Gluten Free" on the label.)  
Vital Proteins – Whole line  
Vitanica Supplements – Most products. (Check label.)  
Wishgarden Tinctures  
Yerba Prima – All Supplements