

Beet Dip with Hazelnuts & Goat Cheese

6 medium beets (11/2 pounds), trimmed

2 small garlic cloves, minced

1 small red chile, seeded and minced

1 cup plain Greek yogurt

3 tablespoons extra-virgin olive oil

11/2 tablespoons honey

1 teaspoon cumin

1 teaspoon ground ginger

1/2 teaspoon smoked paprika

Salt

1/4 cup roasted skinned hazelnuts,

chopped

2 tablespoons goat cheese, crumbled

1 tablespoon freshly chopped parsley,

for garnish

Warm bread, for serving

Yields 3 cups.

Preheat oven to 350°. Put beets in a small roasting pan and add 1/4 cup of water. Cover with foil and bake for about 1 hour, until tender. Let cool slightly.

Peel beets, cut into wedges and transfer to a food processor. Add garlic, chile and yogurt and pulse until blended. Add olive oil, honey, cumin, ground ginger and smoked paprika and puree. Season with salt. Scrape into a wide, shallow bowl. Scatter the hazelnuts, goat cheese and chopped parsley on top and serve with bread.

This recipe appeared at www.athoughtforfood.net/beet-dip on February 24, 2015.