

Lavender Oat Bath Salts

Makes about 3 cups

1½ cups	Epsom salts
½ cup	dry milk powder
½ cup	rolled oats
¼ cup	baking soda
2 tablespoons	citric acid
¼ cup	dried lavender flowers
15–20 drops	lavender essential oil (more or less, if desired)

Combine all ingredients in a food processor fitted with an s-blade. Pulse to pulverize to the desired coarseness. The finer the mix is, the better it will dissolve in the tub. Transfer to gift package.

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